



C7421080

Name

SUDHNEET KAUR
10173461

PSRI No/IP No

MDEL2944674

Basic Info

F | 34

Date

Jul 25, 2025, 09:00 AM

ALLERGY PANEL



Allergy is your body's reaction to things like pollen, animal hair, dust, certain medicines etc. They are usually harmless to others. These things which cause allergic reactions are called allergens.

Allergy Panel Legend

Allergy levels are based on the concentration of specific allergens in your system. Values below **0.35** are considered Normal (N), while values above **0.35** indicate a High (H) allergic reaction

Normal(N)

High(H)

Allergy Inhalants



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Pollens & Plants

Test Name	Result unit	
Acacia Arabica बबूल	0.50 U/L	HIGH
Adhatoda vasica अड्डसा	0.33 U/L	NORMAL
Amaranthus spinosus चौलाई	0.30	
Aspergillus fumigatus एस्पेरजिलस फ्यूमिगेटस	0.32 U/L	NORMAL
Argemone Mexicana पीला धतूरा	0.10 U/L	NORMAL
Artemisia scoparia नागदोना	0.61 U/L	HIGH
Brassica rapa शलगम	0.24 U/L	NORMAL
Cannabis Sativa भांग	0.54 U/L	HIGH
Carica Papaya पपीते के पराग	0.26 U/L	NORMAL

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Test Name	Result	unit	
Cassia Fistula अमलतास	0.30	u/L	NORMAL
Cedrus Deodara देवदार	0.32	u/L	NORMAL
Chenopodium Album बथुआ	0.39	u/L	HIGH
Cocos Nucifera नारियल के पराग	0.33	u/L	NORMAL
Dandelion पीले फूल का एक प्रकार का पौधा	0.34	u/L	NORMAL
Cyperus Retunes साग	0.35	u/L	NORMAL
Eucalyptus नीलगिरी	0.30	u/L	NORMAL
Birch बर्च	0.30	u/L	NORMAL
Junipers Communis गुग्गुल	0.38		

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Test Name	Result	unit	
English plantain अंग्रेजी रोपण	0.21	U/L	NORMAL
Lawsonia inermis महंदी के पराग	0.31	U/L	NORMAL
Kegelia pinnate बलम खीरा	0.24	U/L	NORMAL
Mugwort Sagebrush नागदोना	0.25	U/L	NORMAL
Common Ragweed आम रगवेद	0.10	U/L	NORMAL
Phoenix Dactylifera खजूर के पराग	0.31	U/L	NORMAL
Pine देवदार	0.35	U/L	NORMAL
Ricinus Communis अरंडी	0.10	U/L	NORMAL
Suaeda Fruticosa बूई	0.22	U/L	NORMAL



Pollens & Plants

Test Name	Result	unit	
Tea Leaves चाय की पत्तियां	0.18	U/L	NORMAL
Typha Anusssstata जंगली पटेरा	0.29	U/L	NORMAL
Xanthium Stermarlu छोटा धतूरा	0.37	U/L	HIGH

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Mold/Fungi

Test Name	Result	unit	
Alternaria Tenuis फफूंद	0.16	u/L	NORMAL
Aspergillus Niger फफूंद	0.20	u/L	NORMAL
Aspergillus tamarii फफूंद	0.20	u/L	NORMAL
Candida Albicans कैंडिडा अल्बिकन्स	0.20	u/L	NORMAL
Cenchrus ciliaris अंजन घास	0.10	u/L	NORMAL
Cladosporium herbarum फफूंद	0.20	u/L	NORMAL
Neurospora SPP फफूंद	0.20	u/L	NORMAL
Penicillium chrysogenum फफूंद	0.30	u/L	NORMAL



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Dusts & Fibres

Test Name	Result	unit	
Bajari Dust बजरी धूल	0.24	u/L	NORMAL
Buffalo Dust भैंस धूल	0.25	u/L	NORMAL
Chalk Powder चाक पाउडर	0.30	u/L	NORMAL
Cockroach Dust कॉक्रोच धूल	0.18	u/L	NORMAL
Cotton Fiber कपास धूल	0.34	u/L	NORMAL
Feather Dust पंख धूल	0.16	u/L	NORMAL
Flour Mill Dust आटा चक्की धूल	0.20	u/L	NORMAL
Pearl Millet बाजरा	0.34	u/L	NORMAL
Hay Dust घास धूल	0.15	u/L	NORMAL

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Dusts & Fibres

Test Name	Result	unit	
House Dust घर धूल	0.18	U/L	NORMAL
Jowar dust ज्वार धूल	0.32	U/L	NORMAL
Jute Dust जूट धूल	0.10	U/L	NORMAL
Paper Dust कागज धूल	0.14	U/L	NORMAL
Sheep Wool भेड़ के बाल	0.33	U/L	NORMAL
Rye Grass राई घास	0.32	U/L	NORMAL
Straw Dust सूखी घास	0.25	U/L	NORMAL
Wheat Dust गेहूं धूल	0.25	U/L	NORMAL
Wheat flour गेहूं का आटा	0.26	U/L	NORMAL



Dusts & Fibres

Test Name	Result	unit	
Jeera Dust जीरे की धूल	0.12	U/L	NORMAL

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Grasses

Test Name	Result	unit	
Bermuda Grass घास	0.31	u/L	NORMAL
Cynodon Dactylon दूब घास	0.26		
Parathenium गाजर घास	0.20	u/L	NORMAL
Imperata Cylindrica घास	0.31	u/L	NORMAL
Timothy Grass टिमोथी घास	0.25	u/L	NORMAL



Animal Danders

Test Name	Result	unit	
Cow Dander गाय रूसी	0.32	u/L	NORMAL
Cricket झींगुर	0.30	u/L	NORMAL
Daisy गुलबहार	0.25	u/L	NORMAL
Dog Dander कुत्ते की रूसी	0.10	u/L	NORMAL
Goat Dander बकरी बालों की रूसी	0.32	u/L	NORMAL
Horse Dander घोड़ा बालों में रूसी	0.25	u/L	NORMAL

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Chemicals in Air

Test Name

Result unit

Ethylene Oxide
एथिलीन ऑक्साइड

0.20 u/L

NORMAL



Insects & Misc

Test Name

Result unit

Honey Bee
मधुमक्खी

0.33 u/L

NORMAL

House Fly
मक्खी

0.12 u/L

NORMAL

Mosquito
मच्छर

0.30 u/L

NORMAL

Derm.Pteronyssinus
घुन

0.24 u/L

NORMAL

Insect
कीड़े

0.20 u/L

NORMAL

Derm Farinae
घुन

0.34 u/L

NORMAL

Allergy Food Veg



Beans & Peas

Test Name

Result unit

Pea
मटर

0.32 u/L

NORMAL

Pigeon pea
अरहर

0.18 u/L

NORMAL

Beans
फलियां

0.31 u/L

NORMAL

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Fruiting Vegetables

Test Name	Result	unit	
Eggplant बैंगन	0.14		
Capsicum शिमला मिर्च	0.34	u/L	NORMAL
Tomato टमाटर	0.26	u/L	NORMAL
Cucumbers खीरा	0.30	u/L	NORMAL
Lady Finger भिन्डी	0.54	u/L	HIGH
Chilly मिर्च	0.20	u/L	NORMAL



Leafy Vegetables

Test Name	Result	unit	
Spinach पालक	0.26	u/L	NORMAL
Corianders धनिया	0.10	u/L	NORMAL
Celery अजवायन	0.30	u/L	NORMAL
Lettuce सलाद	0.32		

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Root Vegetables

Test Name	Result	unit	
Carrot गाजर	0.20	u/L	NORMAL
Potato आलू	0.31	u/L	NORMAL
Radishes मूली	0.30	u/L	NORMAL
Onion प्याज	0.30	u/L	



Cauliflowers

Test Name	Result	unit	
Cauliflowers फूल गोभी	0.31	u/L	NORMAL



Mushroom

Test Name	Result	unit	
Mushroom मशरूम	0.20	u/L	NORMAL

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Tropical Fruits

Test Name	Result	unit	
Papaya पपीता	0.30	u/L	NORMAL
Melons खरबूज़ा	0.31		NORMAL
Mango आम	0.20	u/L	NORMAL
Banana केला	0.26	u/L	NORMAL
Guavas अमरूद	0.24	u/L	NORMAL
Coconut नारियल	0.32	u/L	NORMAL
Pineapple अनानास	0.23	u/L	NORMAL



Cabbage

Test Name	Result	unit	
Cabbage पत्ता गोभी	0.18	u/L	NORMAL



Citrus Fruits

Test Name	Result	unit	
Orange संतरा	0.30	u/L	NORMAL
Lemon नीम्बू	0.26	u/L	NORMAL

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Berries

Test Name

Result unit

Straw Berry
स्ट्रॉबेरी

0.25 u/L

NORMAL

Grape
अंगूर

0.25 u/L

NORMAL



Apple

Test Name

Result unit

Apple
सेब

0.24 u/L

NORMAL



Tamarind

Test Name

Result unit

Tamarind
इमली

0.32 u/L

NORMAL

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Nuts & Seeds

Test Name	Result	unit	
Areca nut सुपारी	0.13	u/L	NORMAL
Peanut/ground Nut मूंगफली	0.35	u/L	NORMAL
Almond बादाम	0.32	u/L	NORMAL
Walnut अखरोट	0.25	u/L	NORMAL
Cashewnut काजू	0.20	u/L	NORMAL
Pistachio पिस्ता	0.26	u/L	NORMAL



Dairy & Eggs

Test Name	Result	unit	
Cow's Milk दूध	0.18	u/L	NORMAL
Curd दही	0.32	u/L	NORMAL
Butter मक्खन	0.12	u/L	NORMAL
Cheese पनीर	0.10	u/L	NORMAL
Casein कैसिइन	0.54	u/L	HIGH

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Grains

Test Name	Result	unit	
Katha कत्था	0.20	u/L	NORMAL
Soyabean सोयाबीन	0.24	u/L	NORMAL
Chana Dal चने की दाल	0.32	u/L	NORMAL
Moong Dal मूंग की दाल	0.23	u/L	NORMAL
Red Lentil मसूर दाल	0.10		
Black Lentils उड़द दाल	0.32	u/L	NORMAL
Rajma राजमा दाल	0.22	u/L	NORMAL
Barley जौ	0.32	u/L	NORMAL
Oat जई	0.30	u/L	NORMAL



Grains

Test Name	Result	unit	
Maize मक्का	0.18	u/L	NORMAL
Rice चावल	0.32	u/L	NORMAL

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Spices & Add-ons

Test Name	Result	unit	
Clove लौंग	0.26	u/L	NORMAL
Cinnamon दालचीनी	0.18	u/L	NORMAL
Aniseed सौंफ	0.23	u/L	NORMAL
Garlic लहसुन	0.32	u/L	NORMAL
Ginger अदरक	0.33	u/L	NORMAL
Cadmium इलायची	0.35	u/L	NORMAL
Cumin जीरा	0.16	u/L	NORMAL
Black Pepper काली मिर्च	0.32	u/L	NORMAL
Salts नमक	0.24	u/L	NORMAL

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Spices & Add-ons

Test Name	Result	unit	
Sugar चीनी	0.35	u/L	NORMAL
Coffee कॉफी	0.28	u/L	NORMAL
Vinegar सिरका	0.32	u/L	NORMAL
Yeast खमीर	0.34	u/L	NORMAL
Jaggery गुड़	0.31	u/L	NORMAL
Mustard सरसों	0.33	u/L	NORMAL
Sunflower सूरजमुखी	0.32	u/L	NORMAL
Nutmeg जायफल	0.25	u/L	NORMAL
Honey शहद	0.24	u/L	NORMAL



Spices & Add-ons

Test Name	Result	unit	
Cocoa कोको	0.20	u/L	NORMAL
Sesame तिल	0.30	u/L	NORMAL
Turmeric हल्दी	0.25	u/L	NORMAL

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Chemicals in Air

Test Name

Result unit

Tobacco
तंबाकू

0.32 U/L

NORMAL

Allergy Food Non-veg



Dairy & Eggs

Test Name

Result unit

Egg White
अंडे का सफेद हिस्सा

0.10 U/L

NORMAL



Meat & Seafood

Test Name

Result unit

Chicken
चिकन

0.29 U/L

NORMAL

Fish (cod)
कॉड मछली

0.20 U/L

NORMAL

Mutton
मटन

0.34 U/L

NORMAL

Crab
केकड़ा

0.62 U/L

HIGH

Beef
गाय का मांस

0.32 U/L

NORMAL

Shrimp
झींगा

0.31 U/L

NORMAL

Allergy Drug

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Medications

Test Name	Result	unit	
Amoxicillin. एमोक्सिसिलिन	0.30	u/L	NORMAL
Ampicillin. एम्पिसिलिन	0.32	u/L	NORMAL
Cephalosporin सेफालोस्पोरिन	0.28	u/L	NORMAL
Ciprofloxacin.. सिप्रोफ़्लॉक्सेसिन	0.10	u/L	NORMAL
Brufen ब्रूफेन	0.24	u/L	NORMAL
Diclofenac.. डिक्लोफेनाक	0.25	u/L	NORMAL
Doxycycline.. डॉक्सीसाइक्लिन	0.20	u/L	NORMAL
Cloxacillin. क्लॉक्सिसिलिन	0.31	u/L	NORMAL
Erythromycin.. एरिथ्रोमाइसिन	0.22	u/L	NORMAL

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Medications

Test Name	Result	unit	
Norfloxacin.. नॉरफ्लॉक्सेसिन	0.31	u/L	NORMAL
Epinephrine.. एपिनेफ्रिन	0.20	u/L	NORMAL
Procaine.. प्रोकेन	0.30	u/L	NORMAL
Piroxicam.. पाइ रॉक्सिकैम	0.20	u/L	NORMAL
Ofloxacin.. ओफ्लॉक्ससिन	0.32	u/L	NORMAL
Theophylline.. थियोफिलिन	0.34	u/L	NORMAL
Streptomycin.. स्ट्रेप्टोमाइसिन	0.30	u/L	NORMAL
Penicillin पेनिसिलिन	0.30	u/L	NORMAL
Tetracycline.. टेट्रासाइक्लीन	0.18	u/L	NORMAL



Medications

Test Name	Result	unit	
Trimethoprim.. ट्राइ मेथोप्रिम	0.32	u/L	NORMAL

Allergy Contacts

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Contact & Chemical Allergens

Test Name	Result	unit	
Alcohol शराब	0.34	U/L	NORMAL
Cement सीमेंट	0.87	U/L	HIGH
Sulphur सीमेंट	0.24	U/L	NORMAL
Detergent डिटर्जेंट	0.24	U/L	NORMAL
Hair Dye बालों का रंग	0.29	U/L	NORMAL
Latex रबर	0.35	U/L	NORMAL
Leather चमड़ा	0.25	U/L	NORMAL
Lime Stone चूना पत्थर	0.10	U/L	NORMAL
Nickel निकल	0.32	U/L	NORMAL

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Contact & Chemical Allergens

Test Name	Result	unit	
Paints पेंट	0.24	U/L	NORMAL
Perfume इत्र	0.30	U/L	NORMAL
Plastic प्लास्टिक	0.15	U/L	NORMAL
Polyester पलियेस्टर	0.19	U/L	NORMAL
Powder पाउडर	0.21	U/L	NORMAL
Silk रेशम	0.25	U/L	NORMAL
Wood Mix लकड़ी मिश्रण	0.39	U/L	HIGH
Caustic Soda कास्टिक सोडा	0.30	U/L	NORMAL



Dusts & Fibres

Test Name	Result	unit	
Ash राख	0.16	U/L	NORMAL
Nylon Fibre नायलॉन रेशा	0.28	U/L	NORMAL
Yarn Fibre रेशा	0.18	U/L	NORMAL

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Chemicals in Air

Test Name

Result unit

Smoke
धुआँ

0.20 u/L

NORMAL

Recommended Action Plan

Carry Emergency Medication



Due to allergies to Acacia Arabica, Cannabis Sativa, Chenopodium Album, Artemisia scoparia, Xanthium Stermarlu, always carry epinephrine auto-injector and antihistamines

Consult with Allergist



Schedule an appointment with an allergist for a comprehensive management plan and potentially immunotherapy options.

Food Challenge Test



Consider a supervised food challenge test for Acacia Arabica to confirm the severity of moderate sensitivity.

Nutrition Consultation



Meet with a dietitian to create a balanced meal plan that safely avoids your allergens while maintaining proper nutrition.

Diet and Lifestyle Tips



Avoid exposure to things you might have an allergic reaction to



In case of an allergic reaction, consult your doctor to find out the right medicines to relieve your symptoms.



Get blood tests like allergen specific IgE test done to find out specific things you might be sensitive to.



There are certain treatments like immunotherapy where you are given mild exposure to allergens and then gradually increase to a point where the reaction isn't that bad.