



C7421089

Name

SUKHJINDER KAUR
10383563

PSRI No/IP No

MDEL2959253

Basic Info

F | 48

Date

Jul 27, 2025, 09:00 AM

ALLERGY PANEL



Allergy is your body's reaction to things like pollen, animal hair, dust, certain medicines etc. They are usually harmless to others. These things which cause allergic reactions are called allergens.

Allergy Panel Legend

Allergy levels are based on the concentration of specific allergens in your system. Values below **0.35** are considered Normal (N), while values above **0.35** indicate a High (H) allergic reaction

Normal(N)

High(H)

Allergy Inhalants



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Pollens & Plants

Test Name	Result	unit	
Acacia Arabica बबूल	0.33	U/L	NORMAL
Adhatoda vasica अडूसा	0.33	U/L	NORMAL
Amaranthus spinosus चौलाई	0.24		
Aspergillus fumigatus ए परिजलस Rयू मगेटस	0.84	U/L	HIGH
Argemone Mexicana पीला धतूरा	0.10	U/L	NORMAL
Artemisia scoparia नागदोना	0.32	U/L	NORMAL
Brassica rapa शलगम	0.24	U/L	NORMAL
Cannabis Sativa भाँग	0.24	U/L	NORMAL
Carica Papaya पपीते के पराग	0.26	U/L	NORMAL

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Test Name	Result unit	
Cassia Fistula अमलतास	0.30 U/L	NORMAL
Cedrus Deodara देवदार	0.57 U/L	HIGH
Chenopodium Album बधुआ	0.18 U/L	NORMAL
Cocos Nucifera ना रयल के पराग	0.33 U/L	NORMAL
Dandelion पीले फूल का एक कार का पौधा	0.34 U/L	NORMAL
Cyperus Retunes साग	0.35 U/L	NORMAL
Eucalyptus नील गरी	0.34 U/L	NORMAL
Birch बच'	0.30 U/L	NORMAL
Junipers Communis गु गुल	0.38	

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Pollens & Plants

Test Name	Result	unit	
English plantain अं ेजी रोपण	0.22	U/L	NORMAL
Lawsonia inermis महंद के पराग	0.31	U/L	NORMAL
Kegelia pinnate बलम खीरा	0.24	U/L	NORMAL
Mugwort Sagebrush नागदोना	0.31	U/L	NORMAL
Common Ragweed आम रगवेद	0.10	U/L	NORMAL
Phoenix Dactylifera खजूर के पराग	0.31	U/L	NORMAL
Pine देवदार	0.35	U/L	NORMAL
Ricinus Communis अरंडी	0.10	U/L	NORMAL
Suaeda Fruticosa बूई	0.22	U/L	NORMAL



Pollens & Plants

Test Name	Result	unit	
Tea Leaves चाय क प Kयां	0.18	U/L	NORMAL
Typha Anussssstata जंगली पटेरा	0.29	U/L	NORMAL
Xanthium Stermarlu छोटा धतूरा	0.32	U/L	NORMAL

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Mold/Fungi

Test Name	Result unit	
Alternaria Tenuis फफूंद	0.24 U/L	NORMAL
Aspergillus Niger फफूंद	0.32 U/L	NORMAL
Aspergillus tamarii फफूंद	0.20 U/L	NORMAL
Candida Albicans क डडा अि बक स	0.20 U/L	NORMAL
Cenchrus ciliaris अंजन घास	0.10 U/L	NORMAL
Cladosporium herbarum फफूंद	0.20 U/L	NORMAL
Neurospora SPP फफूंद	0.99 U/L	HIGH
Penicillium chrysogenum फफूंद	0.30 U/L	NORMAL

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Dusts & Fibres

Test Name	Result	unit	
Bajari Dust बजरी धूल	0.24	U/L	NORMAL
Buffalo Dust भस धूल	0.22	U/L	NORMAL
Chalk Powder चाक पाउडर	0.30	U/L	NORMAL
Cockroach Dust कॉकरोच धूल	0.18	U/L	NORMAL
Cotton Fiber कपास धूल	0.34	U/L	NORMAL
Feather Dust पंख धूल	0.16	U/L	NORMAL
Flour Mill Dust आटा चक्क धूल	0.31	U/L	NORMAL
Pearl Millet बाजरा	0.34	U/L	NORMAL
Hay Dust घास धूल	0.15	U/L	NORMAL

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Dusts & Fibres

Test Name	Result	unit	
House Dust घर धूल	0.50	U/L	HIGH
Jowar dust वार धूल	0.20	U/L	NORMAL
Jute Dust जूट धूल	0.10	U/L	NORMAL
Paper Dust कागज धूल	0.14	U/L	NORMAL
Sheep Wool भेड़ के बाल	0.16	U/L	NORMAL
Rye Grass राई घास	0.24	U/L	NORMAL
Straw Dust सूखी घास	0.10	U/L	NORMAL
Wheat Dust गेहूं धूल	0.32	U/L	NORMAL
Wheat flour गेहूं का आटा	0.26	U/L	NORMAL



Dusts & Fibres

Test Name	Result	unit	
Jeera Dust जीरे क धूल	0.12	U/L	NORMAL

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Grasses

Test Name	Result	unit	
Bermuda Grass घास	0.31	U/L	NORMAL
Cynodon Dactylon 5ब घास	0.26		
Parathenium गाजर घास	0.20	U/L	NORMAL
Imperata Cylindrica घास	0.39	U/L	HIGH
Timothy Grass टमोथी ास	0.25	U/L	NORMAL



Animal Danders

Test Name	Result	unit	
Cow Dander गाय वसी	0.32	U/L	NORMAL
Cricket झग्गुर	0.18	U/L	NORMAL
Daisy गुलबहार	0.24	U/L	NORMAL
Dog Dander कुके क वसी	0.10	U/L	NORMAL
Goat Dander बकरी बाला क वसी	0.32	U/L	NORMAL
Horse Dander घोड़ा बाला म वसी	0.25	U/L	NORMAL

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Chemicals in Air

Test Name

Result unit

Ethylene Oxide
एथलीन ऑक्साइड

0.20 U/L

NORMAL



Insects & Misc

Test Name

Result unit

Honey Bee
मधुमक्खी

0.33 U/L

NORMAL

House Fly
मक्खी

0.12 U/L

NORMAL

Mosquito
मच्छर

0.30 U/L

NORMAL

Derm.Pteronyssinus
घुन

0.24 U/L

NORMAL

Insect
कड़े

0.32 U/L

NORMAL

Derm Farinae
घुन

0.34 U/L

NORMAL

Allergy Food Veg



Beans & Peas

Test Name

Result unit

Pea
मटर

0.32 U/L

NORMAL

Pigeon pea
अरहर

0.18 U/L

NORMAL

Beans
फलीया

0.31 U/L

NORMAL

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Fruiting Vegetables

Test Name	Result	unit	
Eggplant बगन	0.14		
Capsicum शमला मच'	0.34	U/L	NORMAL
Tomato टमाटर	0.26	U/L	NORMAL
Cucumbers खीरा	0.24	U/L	NORMAL
Lady Finger भिंडी	0.71	U/L	HIGH
Chilly मच'	0.20	U/L	NORMAL



Leafy Vegetables

Test Name	Result	unit	
Spinach पालक	0.22	U/L	NORMAL
Corianders धनिया	0.10	U/L	NORMAL
Celery अजवायन	0.10	U/L	NORMAL
Lettuce सलाद	0.20		

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Root Vegetables

Test Name	Result	unit	
Carrot गाजर	0.20	U/L	NORMAL
Potato आलू	0.31	U/L	NORMAL
Radishes मूली	0.30	U/L	NORMAL
Onion याज	0.30	U/L	



Cauliflowers

Test Name	Result	unit	
Cauliflowers फूल गोभी	0.31	U/L	NORMAL



Mushroom

Test Name	Result	unit	
Mushroom मशरूम	0.20	U/L	NORMAL

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Tropical Fruits

Test Name	Result	unit	
Papaya पपीता	0.32	U/L	NORMAL
Mango आम	0.20	U/L	NORMAL
Banana केला	0.26	U/L	NORMAL
Guavas अमरुद	0.24	U/L	NORMAL
Coconut नाखल	0.32	U/L	NORMAL
Pineapple अनानास	0.23	U/L	NORMAL



Cabbage

Test Name	Result	unit	
Cabbage पका गोभी	0.18	U/L	NORMAL



Citrus Fruits

Test Name	Result	unit	
Orange संतरा	0.30	U/L	NORMAL
Lemon नींबू	0.26	U/L	NORMAL

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Berries

Test Name	Result	unit	
Straw Berry ॉबेरी	0.22	U/L	NORMAL
Grape अंगूर	0.24	U/L	NORMAL



Apple

Test Name	Result	unit	
Apple सेब	0.24	U/L	NORMAL



Tamarind

Test Name	Result	unit	
Tamarind इमली	0.20	U/L	NORMAL

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Nuts & Seeds

Test Name	Result	unit	
Areca nut सुपारी	0.13	U/L	NORMAL
Peanut/ground Nut मूंगफली	0.35	U/L	NORMAL
Almond बादाम	0.25	U/L	NORMAL
Walnut अखरोट	0.25	U/L	NORMAL
Cashewnut काजू	0.33	U/L	NORMAL
Pistachio प ता	0.26	U/L	NORMAL



Dairy & Eggs

Test Name	Result	unit	
Cow's Milk 5ध	0.36	U/L	HIGH
Curd दही	0.32	U/L	NORMAL
Butter मखन	0.12	U/L	NORMAL
Cheese पनीर	0.10	U/L	NORMAL
Casein कै सइन	0.16	U/L	NORMAL

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Grains

Test Name	Result	unit	
Katha क था	0.32	U/L	NORMAL
Soyabean सोयाबीन	0.24	U/L	NORMAL
Chana Dal चने क दाल	0.32	U/L	NORMAL
Moong Dal मूंग क दाल	0.33	U/L	NORMAL
Red Lentil मसूर दाल	0.10		
Black Lentils उड़द दाल	0.32	U/L	NORMAL
Rajma राजमा दाल	0.22	U/L	NORMAL
Barley जौ	0.32	U/L	NORMAL
Oat जई	0.15	U/L	NORMAL



Grains

Test Name	Result	unit	
Maize मक्का	0.18	U/L	NORMAL
Rice चावल	0.29	U/L	NORMAL

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Spices & Add-ons

Test Name	Result	unit	
Clove लाग	0.26	u/L	NORMAL
Cinnamon दालचीनी	0.18	u/L	NORMAL
Aniseed साफ	0.23	u/L	NORMAL
Garlic लहसुन	0.35	u/L	NORMAL
Ginger अदरक	0.12	u/L	NORMAL
Cadmium इलायची	0.22	u/L	NORMAL
Cumin जीरा	0.16	u/L	NORMAL
Black Pepper काली मच	0.32	u/L	NORMAL
Salts नमक	0.24	u/L	NORMAL

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Spices & Add-ons

Test Name	Result	unit	
Sugar चीनी	0.32	U/L	NORMAL
Coffee कॉफ़	0.28	U/L	NORMAL
Vinegar सरका	1.00	U/L	HIGH
Yeast खमीर	0.34	U/L	NORMAL
Jaggery गुड़	0.31	U/L	NORMAL
Mustard सरसा	0.33	U/L	NORMAL
Sunflower सूरजमुखी	0.32	U/L	NORMAL
Nutmeg जायफल	0.20	U/L	NORMAL
Honey शहद	0.24	U/L	NORMAL



Spices & Add-ons

Test Name	Result	unit	
Cocoa कोको	0.20	U/L	NORMAL
Sesame तल	0.22	U/L	NORMAL
Turmeric ह द	0.25	U/L	NORMAL

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Chemicals in Air

Test Name

Result unit

Tobacco
तंबाकू

0.31 U/L

NORMAL

Allergy Food Non-veg



Dairy & Eggs

Test Name

Result unit

Egg White
अंडे का सफेद ह सा

0.10 U/L

NORMAL



Meat & Seafood

Test Name

Result unit

Chicken
चकन

0.33 U/L

NORMAL

Fish (cod)
कॉड मछली

0.20 U/L

NORMAL

Mutton
मटन

0.34 U/L

NORMAL

Crab
केकड़ा

0.18 U/L

NORMAL

Beef
गाय का मांस

0.24 U/L

NORMAL

Shrimp
झरगा

0.31 U/L

NORMAL

Allergy Drug

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Medications

Test Name	Result unit	
Amoxicillin. एमोक्सिलिन	0.30 U/L	NORMAL
Ampicillin. ऐपिलिन	0.25 U/L	NORMAL
Cephalosporin सेफालोपोरिन	0.28 U/L	NORMAL
Ciprofloxacin.. सिप्रोफ्लोसाइन	0.10 U/L	NORMAL
Brufen ब्रुफेन	0.24 U/L	NORMAL
Diclofenac.. डिक्लोफेनाक	0.33 U/L	NORMAL
Doxycycline.. डॉक्सीसाइक्लिन	0.20 U/L	NORMAL
Cloxacillin. क्लोक्सिलिन	0.31 U/L	NORMAL
Erythromycin.. एरिथ्रोमाइसिन	0.22 U/L	NORMAL

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Medications

Test Name	Result unit	
Norfloxacin.. नॉरफ्लॉक्से सन	0.31 u/L	NORMAL
Epinephrine.. ए पने फीन	0.20 u/L	NORMAL
Piroxicam.. पाइरोक्सैम	0.20 u/L	NORMAL
Ofloxacin.. ओरलॉफ्सा सन	0.26 u/L	NORMAL
Theophylline.. थयो फ लन	0.34 u/L	NORMAL
Streptomycin.. स्ट्रेप्टोमाइ सन	0.30 u/L	NORMAL
Penicillin पेन स लन	0.30 u/L	NORMAL
Tetracycline.. टे ट्रासाइक्लीन	0.18 u/L	NORMAL
Trimethoprim.. ट्रिमेथो म	0.32 u/L	NORMAL

Allergy Contacts

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Contact & Chemical Allergens

Test Name	Result unit	
Alcohol शराब	0.10 U/L	NORMAL
Cement सीमेंट	0.32 U/L	NORMAL
Sulphur सीमेंट	0.32 U/L	NORMAL
Detergent डिटर्जेंट	0.24 U/L	NORMAL
Hair Dye बालों का रंग	0.29 U/L	NORMAL
Latex रबर	0.35 U/L	NORMAL
Leather चमड़ा	0.33 U/L	NORMAL
Lime Stone चूना पथर	0.10 U/L	NORMAL
Nickel निकल	0.71 U/L	HIGH

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Contact & Chemical Allergens

Test Name	Result	unit	
Paints पट	0.24	U/L	NORMAL
Perfume ई	0.22	U/L	NORMAL
Plastic लाि टक	0.15	U/L	NORMAL
Polyester प लये टर	0.19	U/L	NORMAL
Powder पाउडर	0.32	U/L	NORMAL
Silk रेशम	0.26	U/L	NORMAL
Wood Mix लकड़ी म ण	0.36	U/L	HIGH
Caustic Soda काि टक सोडा	0.26	U/L	NORMAL



Dusts & Fibres

Test Name	Result	unit	
Ash राख	0.16	U/L	NORMAL
Nylon Fibre नायलॉन रेशा	0.28	U/L	NORMAL
Yarn Fibre रेशा	0.28	U/L	NORMAL

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Chemicals in Air

Test Name

Result unit

Smoke
धुआं

0.28 U/L

NORMAL

Recommended Action Plan

Carry Emergency Medication



Due to allergies to *Aspergillus fumigatus*, House Dust, *Cedrus Deodara*, *Neurospora SPP*, *Imperata Cylindrica*, always carry epinephrine auto-injector and antihistamines

Consult with Allergist



Schedule an appointment with an allergist for a comprehensive management plan and potentially immunotherapy options.

Food Challenge Test



Consider a supervised food challenge test for *Aspergillus fumigatus* to confirm the severity of moderate sensitivity.

Nutrition Consultation



Meet with a dietitian to create a balanced meal plan that safely avoids your allergens while maintaining proper nutrition.

Diet and Lifestyle Tips



Avoid exposure to things you might have an allergic reaction to



In case of an allergic reaction, consult your doctor to find out the right medicines to relieve your symptoms.



Get blood tests like allergen specific IgE test done to find out specific things you might be sensitive to.



There are certain treatments like immunotherapy where you are given mild exposure to allergens and then gradually increase to a point where the reaction isn't that bad.

Feedback