Name: POOJA 10395330 | **Visitor No:** MDEL3605387 | **Basic Info:** F | 26 | **Doctor Name:** DR. SELF

IMMUNITY

Immunity is your body's natural ability to fight infections. When your immune system is overactive against common allergens, such as pollen grains, dust etc., it can lead to the development of allergies. This profile checks if naturally occurring antibodies of your immune system are within the normal healthy range. An abnormal report may indicate immune system related disorders, or the presence of other medical conditions.

Normal Parameters

Test Name	Result (unit)	Range
Total IgE	139.79 IU/ml	< 158

ALLERGY PANEL

Allergy is your body's reaction to things like pollen, animal hair, dust, and certain medicines. These things, called allergens, can trigger symptoms like sneezing, itching, or swelling.

Allergy Panel Legend

Allergy levels are based on the concentration of specific allergens in your system. Values below **0.35** are considered **Normal**, while values above **0.35** indicate a **High** allergic reaction.

Normal High

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INHALANTS

Acacia Arabica
अकेसिया एराबिका
Result: 0.33 U/L

Amaranthus spinosus ↑
अमरंथस स्पिनोसस
Result: 0.43 U/L

Aspergillus fumigatus
एस्परगिलस फ्यूमिगेटस
Result: 0.22 U/L

Chalk Powder
चॉक पाउडर
Result: 0.30 U/L

Cockroach Dust
कॉकरोच डस्ट
Result: 0.18 U/L

Cotton Fiber
कॉटन फाइबर
Result: 0.34 U/L

Buffalo Dust
भैंस की धूल
Result: 0.22 U/L

Cow Dander
गाय की डेंडर
Result: 0.33 U/L

Dog Dander
कुत्ते की डेंडर
Result: 0.10 U/L

Goat Dander
बकरी की डेंडर
Result: 0.32 U/L

Honey Bee
मधुमक्खी
Result: 0.33 U/L

House Dust
घर की धूल
Result: 0.22 U/L

Hay Dust ↑
भूसे की धूल
Result: 0.39 U/L

Feather Dust
पंखों की धूल
Result: 0.16 U/L

Flour Mill Dust
आटा मिल की धूल
Result: 0.31 U/L

Horse Dander
घोड़े की डेंडर
Result: 0.25 U/L

House Fly
मक्खी
Result: 0.12 U/L

Jute Dust
जूट की धूल
Result: 0.10 U/L

Mosquito
मच्छर
Result: 0.30 U/L

Paper Dust
कागज की धूल
Result: 0.14 U/L

This report has been validated by:

Name: POOJA 10395330 | **Visitor No:** MDEL3605387 | **Basic Info:** F | 26 | **Doctor Name:** DR. SELF

INHALANTS

Pine
चीड़
Result: 0.35 U/L

Tea Leaves
चाय की पत्तियाँ
Result: 0.18 U/L

Wheat Dust ↑
गेहूँ की धूल
Result: 0.36 U/L

Jeera Dust
जीरा की धूल
Result: 0.12 U/L

Straw Dust
पराली की धूल
Result: 0.10 U/L

Sheep Wool
भेड़ ऊन
Result: 0.16 U/L

Insect
कीट
Result: 0.32 U/L

Brassica rapa
शलगम
Result: 0.24 U/L

Cannabis Sativa
गांजा
Result: 0.22 U/L

Cynodon Dactylon
दूब घास
Result: 0.26 U/L

Dandelion
सिंहपर्णी
Result: 0.34 U/L

Adhatoda vasica
अड़ूसा
Result: 0.33 U/L

Argemone Mexicana
पीली सत्यानाशी
Result: 0.10 U/L

Aspergillus Niger
एस्परजिलस नाइजर
Result: 0.32 U/L

Bajari Dust
बाजरी की धूल
Result: 0.24 U/L

Carica Papaya
पपीता
Result: 0.26 U/L

Cedrus Deodara
देवदार
Result: 0.32 U/L

Chenopodium Album ↑
बथुआ
Result: 0.41 U/L

Cocos Nucifera
नारियल
Result: 0.33 U/L

Cyperus Retunes
नागरमोथा
Result: 0.35 U/L

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INHALANTS

Alternaria Tenuis
अल्टरनेरिया टेन्यूस
Result: 0.16 U/L

Artemisia scoparia ↑
नागदौन
Result: 0.36 U/L

Aspergillus tamarii
एस्परजिलस तमारी
Result: 0.20 U/L

Bermuda Grass
दूब घास
Result: 0.31 U/L

Candida Albicans
कैंडिडा अल्बिकन्स
Result: 0.20 U/L

Cassia Fistula
अमलतास
Result: 0.30 U/L

Cenchrus ciliaris
धामन घास
Result: 0.10 U/L

Cladosporium herbarum
क्लैडोस्पोरियम हर्बेरम
Result: 0.20 U/L

Cricket
झींगुर
Result: 0.18 U/L

Daisy ↑
गुलबहार
Result: 0.62 U/L

Eucalyptus
यूकेलिप्टस
Result: 0.34 U/L

Junipers Communis
जुनिपर्स कोम्युनिस
Result: 0.21 U/L

Lawsonia inermis
लॉसोनिया इनर्मिस
Result: 0.31 U/L

Neurospora SPP
न्यूरोस्पोरा एसपीपी
Result: 0.20 U/L

Penicillium chrysogenum
पेनिसिलियम क्रायसोजेनम
Result: 0.30 U/L

Common Ragweed ↑
कॉमन रैगवीड
Result: 1 U/L

Jowar dust
ज्वार डस्ट
Result: 0.20 U/L

Phoenix Dactylifera
फीनिक्स डैक्टिलिफेरा
Result: 0.31 U/L

Ethylene Oxide
एथिलीन ऑक्साइड
Result: 0.20 U/L

Birch
बर्च
Result: 0.30 U/L

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INHALANTS

English plantain ↑
इंग्लिश प्लांटेन

Result: 0.8 U/L

Kegelia pinnate
केगेलिया पिनेट

Result: 0.24 U/L

Mugwort Sagebrush
—

Result: 0.31 U/L

Parathenium
पारथेनियम

Result: 0.20 U/L

Ricinus Communis
रिसिनस कोम्युनिस

Result: 0.10 U/L

Derm.Pteronyssinus
डर्म प्टेरोनिसिनस

Result: 0.24 U/L

Timothy Grass
टिमोथी ग्रास

Result: 0.25 U/L

Typha Anusssstata
टाइफा एनुस्स्स्टाटा

Result: 0.29 U/L

Xanthium Stermarlu
जैंथियम स्टर्मार्लु

Result: 0.32 U/L

Derm Farinae
डर्म फैरिनाए

Result: 0.34 U/L

Rye Grass ↑
राई ग्रास

Result: 0.39 U/L

Suaeda Fructicosa
सुएडा फ्रक्टिकोसा

Result: 0.22 U/L

Imperata Cylindrica
इम्पराटा सिलिंड्रिका

Result: 0.31 U/L

This report has been validated by:

Name: POOJA 10395330 | **Visitor No:** MDEL3605387 | **Basic Info:** F | 26 | **Doctor Name:** DR. SELF

VEGETARIAN FOOD

Pea *मटर* **Result:** 0.32 U/L	Eggplant *बैंगन* **Result:** 0.14 U/L	Tomato *टमाटर* **Result:** 0.26 U/L	Carrot *गाजर* **Result:** 0.20 U/L
Potato *आलू* **Result:** 0.31 U/L	Tamarind *इमली* **Result:** 0.20 U/L	Onion *प्याज* **Result:** 0.30 U/L	Celery *अजवाइन के पत्ते* **Result:** 0.10 U/L
Lettuce *सलाद पत्ता* **Result:** 0.20 U/L	Cabbage *पत्तागोभी* **Result:** 0.18 U/L	Spinach *पालक* **Result:** 0.22 U/L	Capsicum *शिमला मिर्च* **Result:** 0.34 U/L
Cucumbers *खीरा* **Result:** 0.10 U/L	Cauliflowers *फूलगोभी* **Result:** 0.31 U/L	Lady Finger *भिन्डी* **Result:** 0.20 U/L	Radishes *मूली* **Result:** 0.30 U/L
Corianders *धनिया* **Result:** 0.10 U/L	Mushroom ↑ *मशरूम* **Result: 0.41 U/L**	Beans *फलियाँ* **Result:** 0.31 U/L	Chilly *मिर्च* **Result:** 0.20 U/L

This report has been validated by:

Name: POOJA 10395330 | **Visitor No:** MDEL3605387 | **Basic Info:** F | 26 | **Doctor Name:** DR. SELF

VEGETARIAN FOOD

Orange
संतरा
Result: 0.30 U/L

Straw Berry
स्ट्रॉबेरी
Result: 0.24 U/L

Apple
सेब
Result: 0.34 U/L

Melons
खरबूजा
Result: 0.31

Mango
आम
Result: 0.20 U/L

Banana
केला
Result: 0.26 U/L

Guavas
अमरूद
Result: 0.24 U/L

Lemon
नींबू
Result: 0.26 U/L

Papaya
पपीता
Result: 0.32 U/L

Grape
अंगूर
Result: 0.33 U/L

Pineapple
अनानास
Result: 0.23 U/L

Areca nut
सुपारी
Result: 0.13 U/L

Peanut/ground Nut
मूंगफली
Result: 0.35 U/L

Almond
बादाम
Result: 0.25 U/L

Coconut
नारियल
Result: 0.32 U/L

Walnut
अखरोट
Result: 0.25 U/L

Cashewnut ↑
काजू
Result: 0.42 U/L

Pistachio
पिस्ता
Result: 0.26 U/L

Cow's Milk
गाय का दूध
Result: 0.18 U/L

Curd
दही
Result: 0.32 U/L

This report has been validated by:

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VEGETARIAN FOOD

Butter
मक्खन
Result: 0.12 U/L

Cheese
पनीर
Result: 0.10 U/L

Casein
केसिन
Result: 0.16 U/L

Katha
कत्था
Result: 0.32 U/L

Soyabean
सोयाबीन
Result: 0.24 U/L

Chana Dal
चना दाल
Result: 0.32 U/L

Pigeon pea
तूर दाल
Result: 0.18 U/L

Moong Dal
मूंग दाल
Result: 0.35 U/L

Rajma
राजमा
Result: 0.22 U/L

Red Lentil
मसूर दाल
Result: 0.10 U/L

Black Lentils
काला उड़द दाल
Result: 0.25 U/L

Wheat flour
गेहूं का आटा
Result: 0.26 U/L

Barley
जौ
Result: 0.32 U/L

Aniseed
सौंफ
Result: 0.23 U/L

Oat
जई
Result: 0.15 U/L

Maize
मक्का
Result: 0.18 U/L

Rice
चावल
Result: 0.29 U/L

Pearl Millet
बाजरा
Result: 0.33 U/L

Clove
लौंग
Result: 0.26 U/L

Cinnamon
दालचीनी
Result: 0.18 U/L

This report has been validated by:

Name: POOJA 10395330 | **Visitor No:** MDEL3605387 | **Basic Info:** F | 26 | **Doctor Name:** DR. SELF

VEGETARIAN FOOD

Garlic
लहसुन
Result: 0.32 U/L

Ginger ↑
अदरक
Result: 0.36 U/L

Cadmium
कैडमियम
Result: 0.10 U/L

Cumin
जीरा
Result: 0.16 U/L

Black Pepper
काली मिर्च
Result: 0.32 U/L

Salts
नमक
Result: 0.24 U/L

Sugar
चीनी
Result: 0.20 U/L

Coffee
कॉफी
Result: 0.33 U/L

Vinegar
सिरका
Result: 0.32 U/L

Yeast
खमीर
Result: 0.30 U/L

Sesame
तिल
Result: 0.18 U/L

Mustard
सरसों
Result: 0.34 U/L

Honey
शहद
Result: 0.22 U/L

Turmeric
हल्दी
Result: 0.34 U/L

Sunflower
सूरजमुखी
Result: 0.10 U/L

Cocoa
कोकोआ
Result: 0.32 U/L

Jaggery
गुड़
Result: 0.33 U/L

Nutmeg ↑
जायफल
Result: 0.36 U/L

This report has been validated by:

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NON-VEGETARIAN FOOD

Egg White
अंडे का सफेद भाग
Result: 0.16 U/L

Fish
मछली
Result: 0.31 U/L

Crab
केकड़ा
Result: 0.25 U/L

Chicken
चिकन
Result: 0.12 U/L

Mutton
मटन
Result: 0.10 U/L

Beef
बीफ़
Result: 0.30 U/L

Shrimp
झींगा
Result: 0.14 U/L

This report has been validated by:

Name: POOJA 10395330 | **Visitor No:** MDEL3605387 | **Basic Info:** F | 26 | **Doctor Name:** DR. SELF

DRUGS.

Amoxicillin. ↑
एमोक्सिसिलिन
Result: 0.4 U/L

Ciprofloxacin..
सिप्रोफ्लॉक्सासिन
Result: 0.20 U/L

Doxycycline..
डॉक्सीसाइक्लिन
Result: 0.12 U/L

Norfloxacin..
नॉरफ्लॉक्सासिन
Result: 0.10 U/L

Piroxicam..
पाइरोक्सिकैम
Result: 0.16 U/L

Streptomycin..
स्ट्रेप्टोमाइसिन
Result: 0.32 U/L

Ampicillin.
एम्पीसिलिन
Result: 0.24 U/L

Brufen
ब्रूफेन
Result: 0.25 U/L

Cloxacillin.
क्लॉक्सासिलिन
Result: 0.26 U/L

Epinephrine..
एपिनेफ्रिन
Result: 0.34 U/L

Ofloxacin..
ऑफ्लॉक्सासिन
Result: 0.28 U/L

Penicillin
पेनिसिलिन
Result: 0.10 U/L

Cephalosporin
सेफालोस्पोरिन
Result: 0.32 U/L

Diclofenac..
डाइक्लोफेनाक
Result: 0.24 U/L

Erythromycin..
एरिथ्रोमाइसिन
Result: 0.26 U/L

Procaine..
प्रोकेन
Result: 0.32 U/L

Theophylline..
थियोफिलीन
Result: 0.35 U/L

Tetracycline..
टेट्रासाइक्लिन
Result: 0.33 U/L

Trimethoprim..
ट्राइमेथोप्रिम
Result: 0.35 U/L

This report has been validated by:

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CONTACTS

Alcohol
अल्कोहल
Result: 0.32 U/L

Ash
राख
Result: 0.20 U/L

Cement
सीमेंट
Result: 0.31 U/L

Detergent
डिटर्जेंट
Result: 0.20 U/L

Hair Dye
हेयर डाई
Result: 0.30 U/L

Latex
लेटेक्स
Result: 0.10 U/L

Leather
चमड़ा
Result: 0.20 U/L

Lime Stone
चूना पत्थर
Result: 0.18 U/L

Nickel ↑
निकल
Result: 0.74 U/L

Nylon Fibre
नायलॉन फाइबर
Result: 0.34 U/L

Paints
रंग
Result: 0.33 U/L

Perfume
इत्र
Result: 0.31 U/L

Plastic
प्लास्टिक
Result: 0.20 U/L

Polyester
पॉलीएस्टर
Result: 0.30 U/L

Powder
पाउडर
Result: 0.10 U/L

Silk
रेशम
Result: 0.20 U/L

Smoke
धुआं
Result: 0.31 U/L

Caustic Soda
कॉस्टिक सोडा
Result: 0.31 U/L

Tobacco
तंबाकू
Result: 0.20 U/L

Yarn Fibre
धागा फाइबर
Result: 0.24 U/L

This report has been validated by:

Name: POOJA 10395330 | **Visitor No:** MDEL3605387 | **Basic Info:** F | 26 | **Doctor Name:** DR. SELF

CONTACTS

Sulphur
गंधक

Result: 0.20 U/L

Wood Mix ↑
लकड़ी मिश्रण

Result: 0.4 U/L

This report has been validated by:

Recommended Action Plan

Carry Emergency Medication

Due to allergies to Chalk Powder, House Dust, Wheat Dust, Artemisia scoparia, Junipers Communis, always carry epinephrine auto-injector and antihistamines.

Consult with Allergist

Schedule an appointment with an allergist for a comprehensive management plan and potentially immunotherapy options.

Food Challenge Test

Consider a supervised food challenge test for Chalk Powder to confirm the severity of moderate sensitivity.

Nutrition Consultation

Meet with a dietitian to create a balanced meal plan that safely avoids your allergens while maintaining proper nutrition.

Diet and Lifestyle Tips

Avoid Exposure

Avoid exposure to things you might have an allergic reaction to.

Get Blood Tests

Get blood tests like allergen specific IgE test done to find out specific things you might be sensitive to.

Consult Doctor

In case of an allergic reaction, consult your doctor to find out the right medicines to relieve your symptoms.

Consider Immunotherapy

There are certain treatments like immunotherapy where you are given mild exposure to allergens and then gradually increase to a point where the reaction isn't that bad.

This report has been validated by:

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