



C7421130

Name	Accession No	Basic Info	Date of Test
SUNNY BEDI JD136384	MDEL2995353	M 29	Aug 02, 2025, 09:00 AM

IMMUNITY



Immunity is your body's natural ability to fight infections. When your immune system is overactive against common allergens, such as pollen grains, dust etc., then it can lead to the development of allergies. This profile will check if naturally occurring antibodies of your immune system are within the normal healthy range. An abnormal report indicates immune system related disorders, or may indicate presence of some other medical condition.

Total IgE: 569.08 IU/ml

METHOD: CHEMILUMINESCENCE IMMUNOASSAY (CLIA)

● HIGH

Your immune system produces different forms of IgE antibodies, each of which is specific to a specific allergen. For eg., if you are allergic to cat dander, then you have IgE antibodies specific for cat dander. Total IgE test (also known as IgE allergy test) tells the total amount of IgE in your blood, but does not measure any specific forms of IgE; thus this test can detect the presence of allergies, but cannot identify the cause of allergy.



Abnormal results may indicate : Presence of allergies- Your immune system is overactive against some allergens, and an allergic response is triggered in your body when you come in contact with these allergens. Once causative allergens are identified (these can be some pollen, dust mites, some specific food etc.), then you should take measures to avoid exposure to these allergens. You can consult an allergist/immunologist who may prescribe medicines or allergy shots (a form of immunotherapy).

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ALLERGY PANEL



Allergy is your body's reaction to things like pollen, animal hair, dust, certain medicines etc. They are usually harmless to others. These things which cause allergic reactions are called allergens.

Allergy Panel Legend

Allergy levels are based on the concentration of specific allergens in your system. Values below **0.35** are considered Normal (N), while values above **0.35** indicate a High (H) allergic reaction



Allergy Inhalants



Pollens & Plants

Test Name	Result unit	
Acacia Arabica बबूल	2.32 U/L	HIGH
Adhatoda vasica अडूसा	0.33 U/L	NORMAL
Amaranthus spinosus चौलाई	0.32	
Aspergillus fumigatus ए परिजलस रयू मगेटस	0.32 U/L	NORMAL
Argemone Mexicana पीला धतूरा	0.50 U/L	HIGH
Artemisia scoparia नागदोना	1.24 U/L	HIGH
Brassica rapa शलगम	0.24 U/L	NORMAL
Cannabis Sativa भाँग	0.36 U/L	HIGH
Carica Papaya पपीते के पराग	0.26 U/L	NORMAL

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Pollens & Plants

Test Name	Result	unit	
Cassia Fistula अमलतास	0.30	U/L	NORMAL
Cedrus Deodara देवदार	0.32	U/L	NORMAL
Chenopodium Album बथुआ	0.38	U/L	HIGH
Cocos Nucifera ना रयल के पराग	0.33	U/L	NORMAL
Dandelion पीले फूल का एक कार का पौधा	0.34	U/L	NORMAL
Cyperus Retunes साग	0.35	U/L	NORMAL
Eucalyptus नील गरी	0.34	U/L	NORMAL
Birch बच	0.30	U/L	NORMAL
Junipers Communis गु गुल	0.38		

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Pollens & Plants

Test Name	Result	unit	
English plantain अं ेजी रोपण	0.32	U/L	NORMAL
Lawsonia inermis महंद के पराग	0.31	U/L	NORMAL
Kegelia pinnate बलम खीरा	0.24	U/L	NORMAL
Mugwort Sagebrush नागदोना	0.31	U/L	NORMAL
Common Ragweed आम रगवेद	0.10	U/L	NORMAL
Phoenix Dactylifera खजूर के पराग	0.31	U/L	NORMAL
Pine देवदार	0.35	U/L	NORMAL
Ricinus Communis अरंडी	0.10	U/L	NORMAL
Suaeda Fruticosa बूई	0.22	U/L	NORMAL



Pollens & Plants

Test Name	Result	unit	
Tea Leaves चाय क प Kयां	0.18	U/L	NORMAL
Typha Anussssstata जंगली पटेरा	0.29	U/L	NORMAL
Xanthium Stermarlu छोटा धतूरा	0.32	U/L	NORMAL

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Mold/Fungi

Test Name	Result unit	
Alternaria Tenuis फफूंद	0.16 U/L	NORMAL
Aspergillus Niger फफूंद	0.32 U/L	NORMAL
Aspergillus tamarii फफूंद	0.20 U/L	NORMAL
Candida Albicans क डडा अि बक स	0.20 U/L	NORMAL
Cenchrus ciliaris अंजन घास	0.10 U/L	NORMAL
Cladosporium herbarum फफूंद	0.20 U/L	NORMAL
Neurospora SPP फफूंद	0.20 U/L	NORMAL
Penicillium chrysogenum फफूंद	0.30 U/L	NORMAL

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Dusts & Fibres

Test Name	Result unit	
Bajari Dust बजरी धूल	0.24 U/L	NORMAL
Buffalo Dust भस धूल	0.22 U/L	NORMAL
Chalk Powder चाक पाउडर	0.65 U/L	HIGH
Cockroach Dust कॉआोच धूल	0.18 U/L	NORMAL
Cotton Fiber कपास धूल	0.34 U/L	NORMAL
Feather Dust पंख धूल	0.16 U/L	NORMAL
Flour Mill Dust आटा चफक धूल	0.31 U/L	NORMAL
Pearl Millet बाजरा	0.34 U/L	NORMAL
Hay Dust घास धूल	0.15 U/L	NORMAL

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 Dusts & Fibres

Test Name	Result	unit	
House Dust घर धूल	0.18	U/L	NORMAL
Jowar dust वार धूल	0.20	U/L	NORMAL
Jute Dust जूट धूल	0.87	U/L	HIGH
Paper Dust कागज धूल	0.14	U/L	NORMAL
Sheep Wool भेड़ के बाल	0.16	U/L	NORMAL
Rye Grass राई घास	0.20	U/L	NORMAL
Straw Dust सूखी घास	0.10	U/L	NORMAL
Wheat Dust गेहूं धूल	0.32	U/L	NORMAL
Wheat flour गेहूं का आटा	0.26	U/L	NORMAL

 Dusts & Fibres

Test Name	Result	unit	
Jeera Dust जीरे क धूल	0.12	U/L	NORMAL

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 Grasses

Test Name	Result	unit	
Bermuda Grass घास	0.31	U/L	NORMAL
Cynodon Dactylon 5ब घास	0.26		
Parathenium गाजर घास	0.20	U/L	NORMAL
Imperata Cylindrica घास	0.31	U/L	NORMAL
Timothy Grass टर्मोथी ास	0.25	U/L	NORMAL

 Animal Danders

Test Name	Result	unit	
Cow Dander गाय वसी	0.32	U/L	NORMAL
Cricket झग्गुर	0.18	U/L	NORMAL
Daisy गुलबहार	2.33	U/L	HIGH
Dog Dander कुके क वसी	0.10	U/L	NORMAL
Goat Dander बकरी बाला क वसी	1.21	U/L	HIGH
Horse Dander घोड़ा बाला म वसी	0.25	U/L	NORMAL

 Chemicals in Air

Test Name	Result	unit	
Ethylene Oxide एथलीन ऑक्साइड	0.20	U/L	NORMAL

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Insects & Misc

Test Name	Result	unit	
Honey Bee मधुमक्खी	0.33	U/L	NORMAL
House Fly मक्खी	0.12	U/L	NORMAL
Mosquito मच्छर	0.30	U/L	NORMAL
Derm.Pteronyssinus घुन	1.20	U/L	HIGH
Insect कड़े	0.32	U/L	NORMAL
Derm Farinae घुन	0.34	U/L	NORMAL

Allergy Food Veg



Beans & Peas

Test Name	Result	unit	
Pea मटर	0.32	U/L	NORMAL
Pigeon pea अरहर	0.18	U/L	NORMAL
Beans फ लयां	0.31	U/L	NORMAL

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Fruiting Vegetables

Test Name	Result	unit	
Eggplant बगन	0.14		
Capsicum शमला मच'	0.34	U/L	NORMAL
Tomato टमाटर	0.26	U/L	NORMAL
Cucumbers खीरा	0.32	U/L	NORMAL
Lady Finger भिंडी	0.20	U/L	NORMAL
Chilly मच'	0.20	U/L	NORMAL



Leafy Vegetables

Test Name	Result	unit	
Spinach पालक	0.21	U/L	NORMAL
Corianders धनया	0.10	U/L	NORMAL
Celery अजवायन	0.28	U/L	NORMAL
Lettuce सलाद	0.20		

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Root Vegetables

Test Name	Result	unit	
Carrot गाजर	0.20	U/L	NORMAL
Potato आलू	0.31	U/L	NORMAL
Radishes मूली	0.30	U/L	NORMAL
Onion याज	0.34	U/L	



Cauliflowers

Test Name	Result	unit	
Cauliflowers फूल गोभी	0.31	U/L	NORMAL



Mushroom

Test Name	Result	unit	
Mushroom मशरूम	0.34	U/L	NORMAL

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Tropical Fruits

Test Name	Result	unit	
Papaya पपीता	0.32	U/L	NORMAL
Melons खरबूज़ा	0.31		NORMAL
Mango आम	0.20	U/L	NORMAL
Banana केला	0.26	U/L	NORMAL
Guavas अमरुद	0.24	U/L	NORMAL
Coconut ना रयल	0.32	U/L	NORMAL
Pineapple अनानास	0.23	U/L	NORMAL



Cabbage

Test Name	Result	unit	
Cabbage पका गोभी	0.44	U/L	HIGH



Citrus Fruits

Test Name	Result	unit	
Orange संतरा	0.30	U/L	NORMAL
Lemon नींबू	0.26	U/L	NORMAL

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Berries

Test Name	Result	unit	
Straw Berry ंबेरी	0.57	U/L	HIGH
Grape अंगूर	0.36	U/L	HIGH



Apple

Test Name	Result	unit	
Apple सेब	0.24	U/L	NORMAL



Tamarind

Test Name	Result	unit	
Tamarind इमली	0.20	U/L	NORMAL



Nuts & Seeds

Test Name	Result	unit	
Areca nut सुपारी	0.13	U/L	NORMAL
Peanut/ground Nut मूंगफली	0.35	U/L	NORMAL
Almond बादाम	0.25	U/L	NORMAL
Walnut अखरोट	0.25	U/L	NORMAL
Cashewnut काजू	0.20	U/L	NORMAL
Pistachio प ता	0.26	U/L	NORMAL

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Dairy & Eggs

Test Name	Result	unit	
Cow's Milk 5ध	0.18	U/L	NORMAL
Curd दही	0.32	U/L	NORMAL
Butter मखन	0.22	U/L	NORMAL
Cheese पनीर	0.10	U/L	NORMAL
Casein कै सइन	0.16	U/L	NORMAL



Grains

Test Name	Result	unit	
Katha क था	0.32	U/L	NORMAL
Soyabean सोयाबीन	0.24	U/L	NORMAL
Chana Dal चने क दाल	0.32	U/L	NORMAL
Moong Dal मूंग क दाल	0.54	U/L	HIGH
Red Lentil मसूर दाल	0.10		
Black Lentils उड़द दाल	0.15	U/L	NORMAL
Rajma राजमा दाल	0.22	U/L	NORMAL
Barley जौ	0.32	U/L	NORMAL
Oat जई	0.15	U/L	NORMAL

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Grains

Test Name	Result	unit	
Maize मक्का	0.18	U/L	NORMAL
Rice चावल	0.29	U/L	NORMAL



Spices & Add-ons

Test Name	Result	unit	
Clove लांग	0.36	U/L	HIGH
Cinnamon दालचीनी	0.18	U/L	NORMAL
Aniseed साफ	0.23	U/L	NORMAL
Garlic लहसुन	0.35	U/L	NORMAL
Ginger अदरक	0.12	U/L	NORMAL
Cadmium इलायची	0.10	U/L	NORMAL
Cumin जीरा	0.16	U/L	NORMAL
Black Pepper काली मच	0.32	U/L	NORMAL
Salts नमक	0.24	U/L	NORMAL

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Spices & Add-ons

Test Name	Result	unit	
Sugar चीनी	0.32	U/L	NORMAL
Coffee कॉफ़	0.28	U/L	NORMAL
Vinegar सरका	0.32	U/L	NORMAL
Yeast खमीर	0.28	U/L	NORMAL
Jaggery गुड़	0.31	U/L	NORMAL
Mustard सरसा	0.33	U/L	NORMAL
Sunflower सूरजमुखी	0.32	U/L	NORMAL
Nutmeg जायफल	0.20	U/L	NORMAL
Honey शहद	0.24	U/L	NORMAL



Spices & Add-ons

Test Name	Result	unit	
Cocoa कोको	0.20	U/L	NORMAL
Sesame तल	0.34	U/L	NORMAL
Turmeric ह द	0.25	U/L	NORMAL

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Chemicals in Air

Test Name

Result unit

Tobacco
तंबाकू

0.32 U/L

NORMAL

Allergy Food Non-veg



Dairy & Eggs

Test Name

Result unit

Egg White
अंडे का सफेद ह सा

1.24 U/L

HIGH



Meat & Seafood

Test Name

Result unit

Chicken
चकन

0.24 U/L

NORMAL

Fish (cod)
कॉड मछली

0.20 U/L

NORMAL

Mutton
मटन

0.34 U/L

NORMAL

Crab
केकड़ा

0.18 U/L

NORMAL

Beef
गाय का मांस

0.32 U/L

NORMAL

Shrimp
झरंगा

0.31 U/L

NORMAL

Allergy Drug

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Medications

Test Name	Result unit	
Amoxicillin. एमोक्सिसिलिन	0.30 U/L	NORMAL
Ampicillin. ऐम्पिसिलिन	0.34 U/L	NORMAL
Cephalosporin सेफालोस्पोरिन	0.28 U/L	NORMAL
Ciprofloxacin.. सिप्रोफ्लोसाइन	0.10 U/L	NORMAL
Brufen ब्रुफेन	0.40 U/L	HIGH
Diclofenac.. डिक्लोफेनाक	0.21 U/L	NORMAL
Doxycycline.. डॉक्सिसाइक्लिन	0.20 U/L	NORMAL
Cloxacillin. क्लोक्सिलिन	0.31 U/L	NORMAL
Erythromycin.. एरिथ्रोमाइसिन	0.36 U/L	HIGH

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Medications

Test Name	Result	unit	
Norfloxacin.. नॉरफ्लॉक्से सन	0.31	U/L	NORMAL
Epinephrine.. ए पने फीन	0.20	U/L	NORMAL
Procaine.. ोकेन	0.30	U/L	NORMAL
Piroxicam.. पाइरॉक्सिकैम	0.20	U/L	NORMAL
Ofloxacin.. ओरलॉफ्ला सन	0.26	U/L	NORMAL
Theophylline.. थयो फ लन	0.34	U/L	NORMAL
Streptomycin.. े टोमाइ सन	0.30	U/L	NORMAL
Penicillin पे न स लन	0.30	U/L	NORMAL
Tetracycline.. टे ासाइक्लीन	0.18	U/L	NORMAL



Medications

Test Name	Result	unit	
Trimethoprim.. ाइमेथो म	0.32	U/L	NORMAL

Allergy Contacts

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Contact & Chemical Allergens

Test Name	Result	unit	
Alcohol शराब	0.10	U/L	NORMAL
Cement सीमट	0.32	U/L	NORMAL
Sulphur सीमट	0.22	U/L	NORMAL
Detergent डटज"ट	0.24	U/L	NORMAL
Hair Dye बाला का रंग	0.29	U/L	NORMAL
Latex रबर	0.35	U/L	NORMAL
Leather चमड़ा	0.32	U/L	NORMAL
Lime Stone चूना प थर	0.10	U/L	NORMAL
Nickel नकल	0.90	U/L	HIGH

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Contact & Chemical Allergens

Test Name	Result	unit	
Paints पेंट	0.24	U/L	NORMAL
Perfume ई	0.22	U/L	NORMAL
Plastic प्लास्टिक	0.15	U/L	NORMAL
Polyester पॉलीएस्टर	0.19	U/L	NORMAL
Powder पाउडर	0.54	U/L	HIGH
Silk रेशम	0.25	U/L	NORMAL
Wood Mix वुड मिक्स	0.30	U/L	NORMAL
Caustic Soda कास्टिक सोडा	0.34	U/L	NORMAL



Dusts & Fibres

Test Name	Result	unit	
Ash राख	0.16	U/L	NORMAL
Nylon Fibre नायलॉन रेशा	0.28	U/L	NORMAL
Yarn Fibre रेशा	0.18	U/L	NORMAL



Chemicals in Air

Test Name	Result	unit	
Smoke धुआं	0.20	U/L	NORMAL

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Recommended Action Plan



Carry Emergency Medication

Due to allergies to Acacia Arabica, Chalk Powder, Goat Dander, Jute Dust, Cannabis Sativa, always carry epinephrine auto-injector and antihistamines



Consult with Allergist

Schedule an appointment with an allergist for a comprehensive management plan and potentially immunotherapy options.



Food Challenge Test

Consider a supervised food challenge test for Acacia Arabica to confirm the severity of moderate sensitivity.



Nutrition Consultation

Meet with a dietitian to create a balanced meal plan that safely avoids your allergens while maintaining proper nutrition.

Diet and Lifestyle Tips



Avoid exposure to things you might have an allergic reaction to



Get blood tests like allergen specific IgE test done to find out specific things you might be sensitive to.



In case of an allergic reaction, consult your doctor to find out the right medicines to relieve your symptoms.



There are certain treatments like immunotherapy where you are given mild exposure to allergens and then gradually increase to a point where the reaction isn't that bad.