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Name	PSRI No/IP No	Basic Info	Date
SUDHNEET KAUR 10173461	MDEL2944674	F | 34	Jul 25, 2025, 09:00 AM

ALLERGY PANEL

Allergy is your body's reaction to things like pollen, animal hair, dust, certain medicines etc. They are usually harmless to others. These things which cause allergic reactions are called allergens.

Allergy Panel Legend

Allergy levels are based on the concentration of specific allergens in your system. Values below **0.35** are considered Normal (N), while values above **0.35** indicate a High (H) allergic reaction

Allergy Inhalants

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Name	PSRI No/IP No	Basic Info	Date
SUDHNEET KAUR 10173461	MDEL2944674	F | 34	Jul 25, 2025, 09:00 AM

Pollens & Plants

Test Name	Result unit	
Acacia Arabica बबूल	**0.50** U/L	HIGH
Adhatoda vasica अडूसा	0.33 U/L	NORMAL
Amaranthus spinosus चौलाई	0.30	
Aspergillus fumigatus एस्परजिलस फ्यूमिगेटस	0.32 U/L	NORMAL
Argemone Mexicana पीला धतूरा	0.10 U/L	NORMAL
Artemisia scoparia नागदोना	**0.61** U/L	HIGH
Brassica rapa शलगम	0.24 U/L	NORMAL
Cannabis Sativa भांग	**0.54** U/L	HIGH
Carica Papaya पपीते के पराग	0.26 U/L	NORMAL

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Pollens & Plants

Test Name	Result unit	
Cassia Fistula अमलतास	0.30 U/L	NORMAL
Cedrus Deodara देवदार	0.32 U/L	NORMAL
Chenopodium Album बथुआ	**0.39** U/L	HIGH
Cocos Nucifera नारियल के पराग	0.33 U/L	NORMAL
Dandelion पीले फूल का एक प्रकार का पौधा	0.34 U/L	NORMAL
Cyperus Retunes साग	0.35 U/L	NORMAL
Eucalyptus नीलगिरी	0.30 U/L	NORMAL
Birch बर्च	0.30 U/L	NORMAL
Junipers Communis गुग्गुल	0.38	

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Pollens & Plants

Test Name	Result unit	
English plantain अंग्रेजी रोपण	0.21 U/L	NORMAL
Lawsonia inermis महंदी के पराग	0.31 U/L	NORMAL
Kegelia pinnate बलम खीरा	0.24 U/L	NORMAL
Mugwort Sagebrush नागदोना	0.25 U/L	NORMAL
Common Ragweed आम रगवेद	0.10 U/L	NORMAL
Phoenix Dactylifera खजूर के पराग	0.31 U/L	NORMAL
Pine देवदार	0.35 U/L	NORMAL
Ricinus Communis अरंडी	0.10 U/L	NORMAL
Suaeda Fructicosa बूई	0.22 U/L	NORMAL

Pollens & Plants

Test Name	Result unit	
Tea Leaves चाय की पत्तियां	0.18 U/L	NORMAL
Typha Anusssssstata जंगली पटेरा	0.29 U/L	NORMAL
Xanthium Stermarlu छोटा धतूरा	**0.37** U/L	HIGH

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Mold/Fungi

Test Name	Result unit	
Alternaria Tenuis फफूंद	0.16 U/L	NORMAL
Aspergillus Niger फफूंद	0.20 U/L	NORMAL
Aspergillus tamarii फफूंद	0.20 U/L	NORMAL
Candida Albicans कैंडिडा अल्बिकन्स	0.20 U/L	NORMAL
Cenchrus ciliaris अंजन घास	0.10 U/L	NORMAL
Cladosporium herbarum फफूंद	0.20 U/L	NORMAL
Neurospora SPP फफूंद	0.20 U/L	NORMAL
Penicillium chrysogenum फफूंद	0.30 U/L	NORMAL

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Name	PSRI No/IP No	Basic Info	Date
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Dusts & Fibres

Test Name	Result unit	
Bajari Dust बजरी धूल	0.24 U/L	NORMAL
Buffalo Dust भैंस धूल	0.25 U/L	NORMAL
Chalk Powder चाक पाउडर	0.30 U/L	NORMAL
Cockroach Dust कॉक्रोच धूल	0.18 U/L	NORMAL
Cotton Fiber कपास धूल	0.34 U/L	NORMAL
Feather Dust पंख धूल	0.16 U/L	NORMAL
Flour Mill Dust आटा चक्की धूल	0.20 U/L	NORMAL
Pearl Millet बाजरा	0.34 U/L	NORMAL
Hay Dust घास धूल	0.15 U/L	NORMAL

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Dusts & Fibres

Test Name	Result unit	
House Dust घर धूल	0.18 U/L	NORMAL
Jowar dust ज्वार धूल	0.32 U/L	NORMAL
Jute Dust जूट धूल	0.10 U/L	NORMAL
Paper Dust कागज धूल	0.14 U/L	NORMAL
Sheep Wool भेड़ के बाल	0.33 U/L	NORMAL
Rye Grass राई घास	0.32 U/L	NORMAL
Straw Dust सूखी घास	0.25 U/L	NORMAL
Wheat Dust गेहूं धूल	0.25 U/L	NORMAL
Wheat flour गेहूं का आटा	0.26 U/L	NORMAL

Dusts & Fibres

Test Name	Result unit	
Jeera Dust जीरे की धूल	0.12 U/L	NORMAL

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Grasses

Test Name	Result unit	
Bermuda Grass घास	0.31 U/L	NORMAL
Cynodon Dactylon दूब घास	0.26	
Parathenium गाजर घास	0.20 U/L	NORMAL
Imperata Cylindrica घास	0.31 U/L	NORMAL
Timothy Grass टिमॉथी ग्रास	0.25 U/L	NORMAL

Animal Danders

Test Name	Result unit	
Cow Dander गाय रूसी	0.32 U/L	NORMAL
Cricket झींगुर	0.30 U/L	NORMAL
Daisy गुलबहार	0.25 U/L	NORMAL
Dog Dander कुत्ते की रूसी	0.10 U/L	NORMAL
Goat Dander बकरी बालों की रूसी	0.32 U/L	NORMAL
Horse Dander घोड़ा बालों में रूसी	0.25 U/L	NORMAL

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Chemicals in Air

Test Name	Result unit	
Ethylene Oxide एथिलीन ऑक्साइड	0.20 U/L	NORMAL

Insects & Misc

Test Name	Result unit	
Honey Bee मधुमक्खी	0.33 U/L	NORMAL
House Fly मक्खी	0.12 U/L	NORMAL
Mosquito मच्छर	0.30 U/L	NORMAL
Derm.Pteronyssinus घुन	0.24 U/L	NORMAL
Insect कीड़े	0.20 U/L	NORMAL
Derm Farinae घुन	0.34 U/L	NORMAL

Allergy Food Veg

Beans & Peas

Test Name	Result unit	
Pea मटर	0.32 U/L	NORMAL
Pigeon pea अरहर	0.18 U/L	NORMAL
Beans फलियां	0.31 U/L	NORMAL

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Fruiting Vegetables

Test Name	Result unit	
Eggplant बैंगन	0.14	
Capsicum शिमला मिर्च	0.34 U/L	NORMAL
Tomato टमाटर	0.26 U/L	NORMAL
Cucumbers खीरा	0.30 U/L	NORMAL
Lady Finger भिन्डी	**0.54** U/L	HIGH
Chilly मिर्च	0.20 U/L	NORMAL

Leafy Vegetables

Test Name	Result unit	
Spinach पालक	0.26 U/L	NORMAL
Coriander धनिया	0.10 U/L	NORMAL
Celery अजवायन	0.30 U/L	NORMAL
Lettuce सलाद	0.32	

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Root Vegetables

Test Name	Result unit	
Carrot गाजर	0.20 U/L	NORMAL
Potato आलू	0.31 U/L	NORMAL
Radishes मूली	0.30 U/L	NORMAL
Onion प्याज	0.30 U/L	

Cauliflowers

Test Name	Result unit	
Cauliflowers फूल गोभी	0.31 U/L	NORMAL

Mushroom

Test Name	Result unit	
Mushroom मशरूम	0.20 U/L	NORMAL

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Name	PSRI No/IP No	Basic Info	Date
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Tropical Fruits

Test Name	Result unit	
Papaya पपीता	0.30 U/L	NORMAL
Melons खरबूज़ा	0.31	NORMAL
Mango आम	0.20 U/L	NORMAL
Banana केला	0.26 U/L	NORMAL
Guavas अमरूद	0.24 U/L	NORMAL
Coconut नारियल	0.32 U/L	NORMAL
Pineapple अनानास	0.23 U/L	NORMAL

Cabbage

Test Name	Result unit	
Cabbage पत्ता गोभी	0.18 U/L	NORMAL

Citrus Fruits

Test Name	Result unit	
Orange संतरा	0.30 U/L	NORMAL
Lemon नीम्बू	0.26 U/L	NORMAL

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Name	PSRI No/IP No	Basic Info	Date
SUDHNEET KAUR 10173461	MDEL2944674	F | 34	Jul 25, 2025, 09:00 AM

Berries

Test Name	Result unit	
Straw Berry स्ट्रॉबेरी	0.25 U/L	NORMAL
Grape अंगूर	0.25 U/L	NORMAL

Apple

Test Name	Result unit	
Apple सेब	0.24 U/L	NORMAL

Tamarind

Test Name	Result unit	
Tamarind इमली	0.32 U/L	NORMAL

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Name	PSRI No/IP No	Basic Info	Date
SUDHNEET KAUR 10173461	MDEL2944674	F | 34	Jul 25, 2025, 09:00 AM

Nuts & Seeds

Test Name	Result unit	
Areca nut सुपारी	0.13 U/L	NORMAL
Peanut/ground Nut मूंगफली	0.35 U/L	NORMAL
Almond बादाम	0.32 U/L	NORMAL
Walnut अखरोट	0.25 U/L	NORMAL
Cashewnut काजू	0.20 U/L	NORMAL
Pistachio पिस्ता	0.26 U/L	NORMAL

Dairy & Eggs

Test Name	Result unit	
Cow's Milk दूध	0.18 U/L	NORMAL
Curd दही	0.32 U/L	NORMAL
Butter मक्खन	0.12 U/L	NORMAL
Cheese पनीर	0.10 U/L	NORMAL
Casein कैसिइन	**0.54** U/L	HIGH

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Name	PSRI No/IP No	Basic Info	Date
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Grains

Test Name	Result unit	
Katha कत्था	0.20 U/L	NORMAL
Soyabean सोयाबीन	0.24 U/L	NORMAL
Chana Dal चने की दाल	0.32 U/L	NORMAL
Moong Dal मूंग की दाल	0.23 U/L	NORMAL
Red Lentil मसूर दाल	0.10	
Black Lentils उड़द दाल	0.32 U/L	NORMAL
Rajma राजमा दाल	0.22 U/L	NORMAL
Barley जौ	0.32 U/L	NORMAL
Oat जई	0.30 U/L	NORMAL

Grains

Test Name	Result unit	
Maize मक्का	0.18 U/L	NORMAL
Rice चावल	0.32 U/L	NORMAL

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Name	PSRI No/IP No	Basic Info	Date
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Spices & Add-ons

Test Name	Result unit	
Clove लौंग	0.26 U/L	NORMAL
Cinnamon दालचीनी	0.18 U/L	NORMAL
Aniseed सौंफ	0.23 U/L	NORMAL
Garlic लहसुन	0.32 U/L	NORMAL
Ginger अदरक	0.33 U/L	NORMAL
Cadmium इलायची	0.35 U/L	NORMAL
Cumin जीरा	0.16 U/L	NORMAL
Black Pepper काली मिर्च	0.32 U/L	NORMAL
Salts नमक	0.24 U/L	NORMAL

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Spices & Add-ons

Test Name	Result unit	
Sugar चीनी	0.35 U/L	NORMAL
Coffee कॉफी	0.28 U/L	NORMAL
Vinegar सिरका	0.32 U/L	NORMAL
Yeast ख़मीर	0.34 U/L	NORMAL
Jaggery गुड़	0.31 U/L	NORMAL
Mustard सरसों	0.33 U/L	NORMAL
Sunflower सूरजमुखी	0.32 U/L	NORMAL
Nutmeg जायफल	0.25 U/L	NORMAL
Honey शहद	0.24 U/L	NORMAL

Spices & Add-ons

Test Name	Result unit	
Cocoa कोको	0.20 U/L	NORMAL
Sesame तिल	0.30 U/L	NORMAL
Turmeric हल्दी	0.25 U/L	NORMAL

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Chemicals in Air

Test Name	Result unit	
Tobacco तंबाकू	0.32 U/L	NORMAL

Allergy Food Non-veg

Dairy & Eggs

Test Name	Result unit	
Egg White अंडे का सफेद हिस्सा	0.10 U/L	NORMAL

Meat & Seafood

Test Name	Result unit	
Chicken चिकन	0.29 U/L	NORMAL
Fish (cod) कॉड मछली	0.20 U/L	NORMAL
Mutton मटन	0.34 U/L	NORMAL
Crab केकड़ा	**0.62** U/L	HIGH
Beef गाय का मांस	0.32 U/L	NORMAL
Shrimp झींगा	0.31 U/L	NORMAL

Allergy Drug

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Medications

Test Name	Result unit	
Amoxicillin. एमोक्सिसिलिन	0.30 U/L	NORMAL
Ampicillin. एम्पिसिलिन	0.32 U/L	NORMAL
Cephalosporin सेफालोस्पोरिन	0.28 U/L	NORMAL
Ciprofloxacin.. सिप्रोफ़्लॉक्सेसिन	0.10 U/L	NORMAL
Brufen ब्रूफेन	0.24 U/L	NORMAL
Diclofenac.. डिक्लोफेनाक	0.25 U/L	NORMAL
Doxycycline.. डॉक्सीसाइक्लिन	0.20 U/L	NORMAL
Cloxacillin. क्लॉक्सिसिलिन	0.31 U/L	NORMAL
Erythromycin.. एरिथ्रोमाइसिन	0.22 U/L	NORMAL

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Medications

Test Name	Result unit	
Norfloxacin.. नॉरफ्लॉक्सेसिन	0.31 U/L	NORMAL
Epinephrine.. एपिनेफ्रिन	0.20 U/L	NORMAL
Procaine.. प्रोकेन	0.30 U/L	NORMAL
Piroxicam.. पाइरॉक्सिकैम	0.20 U/L	NORMAL
Ofloxacin.. ओफ्लॉक्सासिन	0.32 U/L	NORMAL
Theophylline.. थियोफिलिन	0.34 U/L	NORMAL
Streptomycin.. स्ट्रेप्टोमाइसिन	0.30 U/L	NORMAL
Penicillin पेनिसिलिन	0.30 U/L	NORMAL
Tetracycline.. टेट्रासाइक्लीन	0.18 U/L	NORMAL

Medications

Test Name	Result unit	
Trimethoprim.. ट्राइमेथोप्रिम	0.32 U/L	NORMAL

Allergy Contacts

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SUDHNEET KAUR 10173461	MDEL2944674	F | 34	Jul 25, 2025, 09:00 AM

Contact & Chemical Allergens

Test Name	Result unit	
Alcohol शराब	0.34 U/L	NORMAL
Cement सीमेंट	**0.87** U/L	HIGH
Sulphur सीमेंट	0.24 U/L	NORMAL
Detergent डिटर्जेंट	0.24 U/L	NORMAL
Hair Dye बालों का रंग	0.29 U/L	NORMAL
Latex रबर	0.35 U/L	NORMAL
Leather चमड़ा	0.25 U/L	NORMAL
Lime Stone चूना पत्थर	0.10 U/L	NORMAL
Nickel निकल	0.32 U/L	NORMAL

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Contact & Chemical Allergens

Test Name	Result unit	
Paints पेंट	0.24 U/L	NORMAL
Perfume इत्र	0.30 U/L	NORMAL
Plastic प्लास्टिक	0.15 U/L	NORMAL
Polyester पलियेस्टर	0.19 U/L	NORMAL
Powder पाउडर	0.21 U/L	NORMAL
Silk रेशम	0.25 U/L	NORMAL
Wood Mix लकड़ी मिश्रण	**0.39** U/L	HIGH
Caustic Soda कास्टिक सोडा	0.30 U/L	NORMAL

Dusts & Fibres

Test Name	Result unit	
Ash राख	0.16 U/L	NORMAL
Nylon Fibre नायलॉन रेशा	0.28 U/L	NORMAL
Yarn Fibre रेशा	0.18 U/L	NORMAL

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Chemicals in Air

Test Name	Result unit	
Smoke धुआं	0.20 U/L	NORMAL

Recommended Action Plan

Carry Emergency Medication

Due to allergies to Acacia Arabica, Cannabis Sativa, Chenopodium Album, Artemisia scoparia, Xanthium Stermarlu, always carry epinephrine auto-injector and antihistamines

Consult with Allergist

Schedule an appointment with an allergist for a comprehensive management plan and potentially immunotherapy options.

Food Challenge Test

Consider a supervised food challenge test for Acacia Arabica to confirm the severity of moderate sensitivity.

Nutrition Consultation

Meet with a dietitian to create a balanced meal plan that safely avoids your allergens while maintaining proper nutrition.

Diet and Lifestyle Tips

Avoid exposure to things you might have an allergic reaction to

Get blood tests like allergen specific IgE test done to find out specific things you might be sensitive to.

In case of an allergic reaction, consult your doctor to find out the right medicines to relieve your symptoms.

There are certain treatments like immunotherapy where you are given mild exposure to allergens and then gradually increase to a point where the reaction isn't that bad.

Feedback