

Food -Non-Veg-Allergy

Test		Value	Ref_range & Units		
Total IgE		149	<1.0 Years 1.4 - 52.3 IU/mL		
			1-4 Years 0.4 - 351.6		
			5-10 Years 0.5 - 393.0		
			11-15 Years 1.9 -170		
			Adults 0.0 - 378.0		
(Allergy Screening Tests By – EIA)					
Normal for all Allergens is < 0.36 U/L					
Beef		0.31	Mutton		0.12
Carp Fish		0.09	Pork		0.19
Chicken Meat		0.19	Salmon		0.08
Crab		0.09	Sardine		0.15
Duck Meat		0.19	Shrimp		0.07
Fish (Cod)		0.18	Tuna		0.05
Lobster		0.31	Turkey		0.15
Mackerel		0.26	Whole Egg (Hen)		0.07

EXPECTED VALUES

Concentration of IgE, IU/mL

< 0.36

0.36 - 0.71

0.72 - 3.59

3.60 - 17.99

18.00 - 49.99

50.00 - 100

>100.0

Class

0

1

2

3

4

5

6

Level of the specific IgE

Clinical insignificant

Very low

Low

Medium

High

Very high

Extremely high

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Beet		0.32	Apple		0.21
Broccoli		0.25	Lady Finger		0.14
Cabbage		0.29	Banana		0.18
Carrot		0.15	Cape gooseberry		0.09
Cauliflower		0.24	Cherry		0.31
Coriander		0.13	Coconut		0.02
Cucumber		0.13	Grape		0.11
Egg plant		0.15	Guava		0.18
French bean		0.22	Hazelnut		0.34
Garlic		0.17	Kiwi		0.19
Ginger		0.12	Lychee		0.05
Lemon		0.25	Mango		0.19
Maize		0.09	Melon		0.32
Mint		0.19	Orange		0.17

Mushrooms		0.29	Papaya		0.26
Onion		0.14	Parsley		0.18
Pea		0.25	Peach		0.36
Potato		0.14	Pear		0.18
Pumpkin		0.29	Pineapple		0.34
Red radish		0.13	Plum		0.26
Rice		0.11	Pomegranate		0.09
Spinach		0.32	Sesame seed [til]		0.14
Tomato		0.33	Strawberry		0.32
Turnip		0.22	Sweet Potato		0.19
Wheat flour		0.19	Water Melon		0.15
Anise		0.03	Almond		0.21
Barley		0.29	Cashew nut		0.28
Basil		0.33	Cheese cheddar		0.26
Black pepper		0.13	Chocolate		0.08
Cardamom		0.25	Coconut milk		0.29
Celery		0.39	Coffee		0.14
Chick pea		0.03	Cow milk		0.25
Cinnamon		0.15	Cranberry		0.27
Cloves		0.18	Curd		0.12

Curry		0.18	Dates		0.19
Fennel		0.33	Fig		0.11
Flaxseed		0.16	Peanut		0.26
Millet		0.32	Pistachio nut		0.18
Lentil		0.05	Raisin		0.05
Lettuce		0.32	Saffron		0.04
Mustard		0.17	Soya bean		0.26
Nutmeg		0.29	Sunflower seed		0.25
Oats		0.01	Sweet pepper		0.29
Olive		0.26	Tea		0.12
Oregano		0.09	Thyme		0.37
Poppy (seed)		0.15	Tofu (bean curd)		0.13
Pumpkin seed		0.13	Vanilla		0.11
Rosemary		0.09	Walnut		0.14
Semolina		0.14	Yeast		0.29
Curcuma		0.16	Yogurt		0.26

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