

**Allergy for Veg & Non-Veg**

Potato		0.14	Pear		0.18
Pumpkin		0.14	Pineapple		0.16
Red radish		0.19	Plum		0.15
Rice		0.14	Pomegranate		0.09
Spinach		0.09	Sesame seed [til]		0.12
Tomato		0.25	Strawberry		0.13
Turnip		0.24	Sweet potato		0.25
Wheat flour		0.19	Watermelon		0.11
Anise		0.12	Almond		0.31
Barley		0.28	Cashew nut		0.28
Basil		0.18	Cheese cheddar		0.18
Black pepper		0.15	Chocolate		0.14
Cardamom		0.25	Coconut milk		0.09
Celery		0.21	Coffee		0.14
Chick pea		0.12	Cow milk		0.21
Cinnamon		0.14	Cranberry		0.31
Cloves		0.11	Curd		0.15
Curry		0.18	Dates		0.18
Fennel		0.03	Fig		0.11
Flaxseed		0.16	Peanut		0.12
Millets		0.04	Pistachio nut		0.03
Lentil		0.13	Raisin		0.19

### Allergy for Veg & Non-Veg

Lettuce		0.13	Saffron		0.04
Mustard		0.17	Soya bean		0.19
Nutmeg		0.26	Sunflower seed		0.32
Oats		0.18	Sweet pepper		0.16
Olive		0.16	Tea		0.26
Oregano		0.09	Thyme		0.11
Poppy (seed)		0.14	Tofu (bean curd)		0.16
Pumpkin seed		0.13	Vanilla		0.17
Rosemary		0.13	Walnut		0.14
Semolina		0.36	Yeast		0.17
Curcuma		0.13	Yogurt		0.26

### Food -Non-Veg-Allergy

Beef		0.16	Mutton		0.15
Carp Fish		0.09	Pork		0.19
Chicken Meat		0.19	Salmon		0.17
Crab		0.18	Sardine		0.12
Duck Meat		0.19	Shrimp		0.07
Fish (Cod)		0.22	Tuna		0.18
Lobster		0.19	Turkey		0.09
Mackerel		0.26	Whole Egg (Hen)		0.07

#### **EXPECTED VALUES**

**Concentration of IgE, IU/mL**  
< 0.36

**Class**  
0

**Level of the specific IgE**  
Clinical insignificant

**Allergy for Veg & Non-Veg**

0.36 - 0.71	1	Very low
0.72 - 3.59	2	Low
3.60 - 17.99	3	Medium
18.00 - 49.99	4	High
50.00 - 100	5	Very high
>100.0	6	Extremely high