

### Allergy for Veg & Non-Veg

Food -Veg-Allergy							
Test	Value	Ref_range & Units					
Total IgE	1661	<1.0 Years 1.4 - 52.3 IU/mL 1-4 Years 0.4 - 351.6 5-10 Years 0.5 - 393.0 11-15 Years 1.9 -170 Adults 0.0 - 378.0					
(Allergy Screening Tests By – EIA)							
Normal for all Allergens is < 0.36 U/L							
Beet	0.16	Apple					
<b>Broccoli</b>	0.41	Apricot					
Cabbage	0.15	Banana					
Carrot	0.17	Cape gooseberry					
Cauliflower	0.24	Cherry					
Coriander	0.14	Coconut					
Cucumber	0.25	Grape					
Egg plant	0.18	Guava					
French bean	0.15	<b>Hazelnut</b>					
Garlic	0.34	Kiwi					
Ginger	0.12	Lychee					
Lemon	0.28	Mango					
Maize	0.18	Melon					
Mint	0.12	Orange					
<b>Mushrooms</b>	0.49	Papaya					
Onion	0.25	Parsley					
Pea	0.25	Peach					

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Potato		0.14	Pear		0.18
Pumpkin		0.14	Pineapple		0.16
Red radish		0.19	Plum		0.15
Rice		0.14	Pomegranate		0.09
Spinach		0.09	Sesame seed [til]		0.12
Tomato		0.25	Strawberry		0.13
Turnip		0.24	Sweet potato		0.25
Wheat flour		0.19	Watermelon		0.11
Anise		0.12	Almond		0.31
Barley		0.28	Cashew nut		0.28
Basil		0.18	Cheese cheddar		0.18
Black pepper		0.15	Chocolate		0.14
Cardamom		0.25	Coconut milk		0.09
Celery		0.21	Coffee		0.14
Chick pea		0.12	Cow milk		0.21
Cinnamon		0.14	Cranberry		0.31
Cloves		0.11	Curd		0.15
Curry		0.18	Dates		0.18
Fennel		0.03	Fig		0.11
Flaxseed		0.16	Peanut		0.12
Millets		0.04	Pistachio nut		0.03
Lentil		0.13	Raisin		0.19

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Lettuce		0.13	Saffron		0.04
Mustard		0.17	Soya bean		0.19
Nutmeg		0.26	Sunflower seed		0.32
Oats		0.18	Sweet pepper		0.16
Olive		0.16	Tea		0.26
Oregano		0.09	Thyme		0.11
Poppy (seed)		0.14	Tofu (bean curd)		0.16
Pumpkin seed		0.13	Vanilla		0.17
Rosemary		0.13	Walnut		0.14
Semolina		0.36	Yeast		0.17
Curcuma		0.13	Yogurt		0.26

### Food -Non-Veg-Allergy

Beef		0.16	Mutton		0.15
Carp Fish		0.09	Pork		0.19
Chicken Meat		0.19	Salmon		0.17
Crab		0.18	Sardine		0.12
Duck Meat		0.19	Shrimp		0.07
Fish (Cod)		0.22	Tuna		0.18
Lobster		0.19	Turkey		0.09
Mackerel		0.26	Whole Egg (Hen)		0.07

#### **EXPECTED VALUES**

**Concentration of IgE, IU/mL**  
< 0.36

**Class**  
0

**Level of the specific IgE**  
Clinical insignificant

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0.36 - 0.71	1	Very low
0.72 - 3.59	2	Low
3.60 - 17.99	3	Medium
18.00 - 49.99	4	High
50.00 - 100	5	Very high
>100.0	6	Extremely high